

Hilpertont C of E Primary School



PHYSICAL EDUCATION POLICY

Our vision

At Hilpertont we aim to provide high quality physical education for all children, delivered by members of staff, who are committed to engaging pupils and developing their skills in PE. Embedded within the curriculum are opportunities for all children to engage in competitive sporting activities both within our school and the wider community. By delivering this we aspire to provide a life-long love of PE and sports through the enjoyment, participation and variety of opportunities offered which will result in healthy, active lifestyles for all.

At Hilpertont we want to:

Nurture a lifelong love of physical activity and create happy successful learners who believe they can achieve.

INSPIRE

INCLUSIVE



Key aims:

Engagement for all – To ensure all children have a positive experience of PE and sport, which will hopefully foster a lifelong participation in sport, so will provide them with active healthy lifestyle.

Physical Skills – To develop physical literacy skills to enable children to access a variety of activities to gain fine and gross motor skills/spatial awareness and at KS2, sports specific skills.

Personal/Social Skills – Children should develop increasing levels of independence, resilience, personal achievement, teamwork, sharing, turn taking, sportsmanship, reflection, collaboration and cognitive skills.

Health Awareness – Children should increasingly be able to recognise how they are feeling and what they should do for the benefit of their health, for example have a drink, add or remove clothing, increase physical activity etc.

Fitness – To ensure pupils have a raised heart rate through **sustained** levels of activity leading to increased stamina. Pupils will gain an increased understanding of how their body responds to exercise.

Creative Development – Provide varied opportunities to explore and experience creative dimensions, such as movement, expression and tactics, within the PE curriculum.

Other roles and leadership – Providing opportunities for students to experience a variety of roles and responsibilities, beyond the performer role, such as an official, coach, reporter or photographer, valuing each role with respect. We have a Sports Council in school, who support the PE Coordinator in developing the PE and sport provision in school. They regularly run sports afternoons, competitions and break time activities for the whole school.

Competition Pathway – To recognise that competition can be in the form of time, distance, yourself, one other, a team or more and provide scope for each of these. In particular in upper KS2 through intra, inter, county, regional and national competition.

Extra-curricular – To provide opportunities for children to access a variety of physical experiences. We signpost children to clubs and other external opportunities. We use our pupil premium budget to enable pupil premium children to participate in extra-curricular clubs. We regularly review our provision of extra-curricular clubs and try to enhance this provision. Our extra-curricular clubs are mainly run by Active Trowbridge.

Scheme – At Hilpertown we have adopted the Real PE and Real Gym schemes of work from Create Development. This focuses on the fundamental movement skills of agility, balance and coordination incorporating competition against self and others. The Real PE and Real Gym schemes of work are used as well as the Moving Matters schemes of work for the teaching of specific sports allowing pupils to put their fundamental movement skills into practice in game situations.

Assessment – At Hilpertown we have created our own assessment system which incorporates all aspects of PE including personal, social, cognitive, creative and physical skills linked with the FUNS skills. This assess the whole child not just their physical abilities. These assessments are carried out within PE lessons and submitted three times a year. Pupils that are not meeting end of year requirements will be supported and the more able children will be provided with opportunities to further enhance their skills.

Our commitment to PE – At Hilpertown we provide every child with 2 hours of PE weekly. By delivering this we aspire to provide a life-long love of PE and sport which will result in healthy, active lifestyles for all.

Leadership – At Hilpertown we understand the importance of PE so have invested in the subject leadership. The subject leader has developed physical education in school for both the curriculum and extra curriculum which resulted in us earning our Silver Sainsbury School Games kitemark last summer.

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